

MÊS 1 2 3 4 5 6 7 8 9 10 11 12

HABIT **TRACKER**

HÁBITO

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

A large grid of 100 empty square boxes arranged in 10 rows and 10 columns. The boxes are outlined in black and are evenly spaced across the page.